# The GOforChange Plastic Tracker BETA

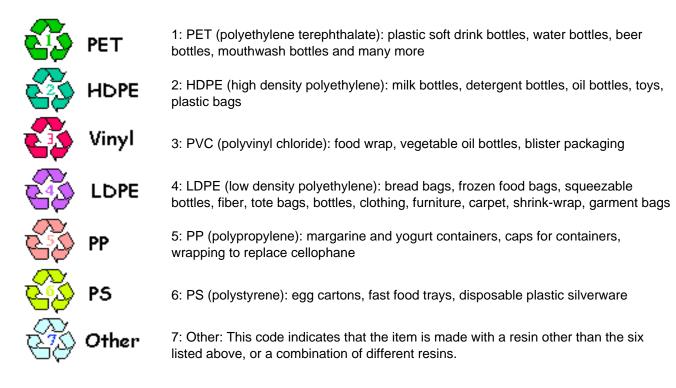
Q.1: what was in it? Q.2: where did I get it? Q.3: where did I put it? HDPE Vinyl LDPE PET **P5** Other Type\_#\ **Bottles** Date Date Date # times Q.1: what was in it? Q.1 Q.1 Sports Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.1: what was in it? Q.1 Q.1 Liquids Q.2 Q.2 Q.2: where did I get it? 0000 drinks Q.3: where did I put it? Q.3 Q.3 shampoo Q.1: what was in it? Q.1 Q.1 Cleaning Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? 0000 Q.3 Q.3 **Bags** Type #\ Date Date Date # times Q.1: what was in it? Q.1 Q.1 Food Q.2: where did I get it? Q.2 Q.2 0000 Storage Q.3: where did I put it? Q.3 Q.3 0000 Q.1: what was in it? Q.1 Q.1 Shopping Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 Containers Type #\ Date Date Date # times Q.1: what was in it? Yogurt Q.2: where did I get it? Q.2 Q.2 0000 or sim. Q.3: where did I put it? Q.3 Q.3 0000 Q.1: what was in it? Q.1 Q.1 Jar Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 Q.1: what was in it? Foam Q.2: where did I get it? Q.2 Q.2 0000 Carry-out Q.3: where did I put it? Q.3 Q.3

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Q.1: what was in it? Q.2: where did I get it? Q.3: where did I put it? PET Vinyl LDPE **P5** Other **Plastic Wrap** Type**\_**#∕ Date Date Date # times Q.1: what was in it? Q.1 Q.1 Food Q.2 Q.2: where did I get it? Q.2 0000 Q.3: where did I put it? Q.3 0000 Q.1: what was in it? Q.1 Q.1 Clothes Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 Q.1: what was in it? Q.1 Q.1 Other Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 0000 **Eat Ware** Type #\ Date Date Date # times Q.1: what was in it? Q.1 Q.1 Cups Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 0000 Q.1: what was in it? Q.1 Q.1 Cutlery Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3 Q.1: what was in it? Q.1 Q.1 **Plates** Q.2: where did I get it? Q.2 Q.2 0000 Q.3: where did I put it? Q.3 Q.3

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### **Types of Plastic**



source: http://greennature.com/article2158.html

#### **Plastic Tips and Facts**

- 1. The lower the type #, the easier it is to recycle.
- 2. I NEVER reheat any food in a plastic container. There are people on both sides of this issue, but some chemicals in plastics are unstable and heating them can release them into your food.
- 3. For same reason as above, avoid storing acidic foods in plastic; use glass containers instead.
- 4. Same again for avoiding keeping plastic water bottles in your car.
- 5. Did you know that bottled water costs 1,900 times the cost of tap water?
- 6. Worldwide, 1,500 plastic bottles end up in the trash every second.
- 7. 17,000,000 barrels of oil are needed to produce water bottles each year.
- 8. Yearly production of water bottles emits 2,500,000 tons of carbon dioxide, a powerful greenhouse gas